The important question of whether it would be possible to hold the I.C.N. Congress, as agreed, in May, 1941, has not yet been officially announced, and we are awaiting information from the President in this connection.

It would appear, however, that no considerable number of nurses would be able to attend such a gathering from Europe.

We sincerely sympathise with the American Nurses' Association, that this is the second time that War has prevented what undoubtedly would have been, a most splendid reunion of professional nurses in the United States of America, and congratulate Dean Effie Taylor and her colleagues on the admirable organisation of our I.C.N. in its new Headquarters, where we already realise that a spirit of appreciation of past accomplishment is keenly alive.

Miss Calista Banwarth, Acting Executive Secretary, is studying the history of the I.C.N. in all its details, and is obtaining all its valuable records from this side as far as possible.

A request has come through to our National Council for as many copies as possible of the History of the International Council of Nurses, Breay and Fenwick. As this work is nearly sold out, and is increasingly valuable now that the chief compiler has passed away, only 20 copies have been sent.

"The Vision Splendid," by Miss Breay, BRITISH JOURNAL OF NURSING, July, 1937, 50 copies required, 25 copies are to be supplied.

"The Nurses' Song" Helsingfors, 1925, incorporated in Miss Breay's fine Report of Congress Meeting in Finland. As only seven copies are available, one has been sent to the I.C.N. Office, and it is proposed to reprint this historic song in the next issue of THE BRITISH JOURNAL OF NURSING.

This spirit of appreciation by Miss Banwarth augurs well for the compilation of Nursing records, a work to which Miss Breay devoted her life.

A copy of Mrs. Myers' "International Hymn," 1937, has also been sent.

Dame Ellen Musson supplemented this brief report by saying that on the outbreak of War it was decided to send Miss Calista Banwarth to America with sufficient material to carry on the work out there.

The Meeting then terminated.

A War Tea and social amenities followed the Business Meeting.

### FOOD RATIONING.

# MAINTAINING FAMILY FITNESS.

Rationing has raised a new problem for every housewifethe problem of how to keep the family meals properly nourishing in spite of food restrictions.

Fortunately, this can be done easily and effectively by serving Ovaltine at mealtimes. It supplies the important vitamins and other protective food elements necessary to maintain health and energy. If you give your family Ovaltine every day you need not fear that they will suffer from the restrictions imposed by war time conditions.

Daily Ovaltine helps to build up resistance to colds and infection. It is also a valuable nerve-sustaining foodan important point in these days of anxiety and strain. Then, again, Ovaltine is a splendid "night-cap"; a cupful at bed-time is a sure way to sound, restorative sleep. Ovaltine is best known, of course as a delicious beverage,

but there are many other ways in which it can be used. A spoonful added to an ordinary dull milk pudding will transform it into a popular favourite; children love it sprinkled on their porridge, and a little ingenuity will suggest many delicious sweets and attractive new dishes which can be made from a basis of Ovaltine.

# THE GENERAL NURSING COUNCIL FOR ENGLAND AND WALES.

A Meeting of the General Nursing Council for England and Wales was held at the offices of the Council, 23, Portland Place, London, W., on February 23rd. Dame Ellen Musson, D.B.E., R.R.C., LL.D., presided.

It was agreed that congratulations be conveyed from the Council to Miss G. M. Bowes, on her recent marriage. It was reported that she will continue to hold her post for the duration of the War.

# Correspondence.

A letter was reported from the Ministry of Health inviting the Council to nominate a representative to be a member of the Civil Nursing Reserve Advisory Council.

It was proposed by Miss Cox Davies, seconded by Miss H. Dey, and, agreed, that Miss D. M. Smith be appointed to represent the Council on this Committee. Miss Smith agreed to serve.

The Chairman reported that the Board of Education had suggested a meeting between representatives of that body and the General Nursing Council concerning relaxation of qualifications of teachers of professional subjects in the pre-hospital course in secondary schools, Repre-sentatives appointed were : the Chairman, Vice-Chairman, Miss H. Dey, and Miss E. R. Gwatkin.

#### Finance.

Bills and claims submitted for payment were approved and the sums of £570 for weekly salaries, £100 for postage stamps,  $\pounds 30$  for Insurance stamps and  $\pounds 10$  for petty cash were allowed.

It was reported that estimates for a considerable amount of stationery had been accepted, and the Council approved the action.

#### **Registration.**

Applications for approval for Registration were :-General Register-by reciprocity, 9; Supplementary Part of the Register for Fever Nurses-by examination, 12; by reciprocity, 1. Total, 22.

It was agreed that 391 nurses who had hitherto failed to pay their retention fee and now wished their names reincluded in the Register, should be re-included.

### Education and Examination.

The extension of provisional approval of certain hospitals was agreed.

It was agreed that the scheme of affiliation between the Enfield War Memorial Hospital and the Royal Northern Hospital, Holloway, be provisionally approved for one year.

Letters were reported from the Board of Education recommending approval of the one-year whole-time Course of Instruction, in connection with the Preliminary Examination, Part I., at the Ursuline High School, Brentwood; the Bournemouth Municipal College; the Wyggeston Grammar School for Girls, Leicester; and the Municipal Technical College, Kingston-upon-Hull; and it was agreed that the above Course be approved for the purposes of Part I. of the Preliminary Examination.

The following Recommendation was considered by the Council :-

"That Recommendation 4 (Finance Committee) of the

Final State Examinations be 10s. 6d. per subject in place of half the Examination fee, and that the regulations for Conduct of the State Examinations be amended accordingly "

be rescinded, but without prejudice to candidates who



